Using Titanium-Reinforced PTFE Membranes


Vertical ridge augmentation (VRA) procedures before or during dental implant placement are technically challenging and often encounter procedure-related complications. To minimize complications and promote success, a literature search was conducted to validate procedures used for VRA. A decision tree based on the amount of additional ridge height needed (< 4, 4 to 6, or > 6 mm) was then developed to improve the procedure-selection process. At each junction, the clinician is urged to consider anatomical, clinical, and patient-related factors influencing treatment outcomes. This decision tree guides selection of the most appropriate treatment modality and sequence for safe, predictable management of the vertically deficient ridge in implant therapy.

Vertical ridge augmentation in the posterior mandible is a technique-sensitive procedure that requires adequate anatomical knowledge and precise surgical skills to minimize the risk of complications. One of the most important but also challenging aspects of the surgical technique is proper flap management to allow for passive flap closure and reduce the chances of postoperative complications affecting deep anatomical spaces. This article presents a detailed description of a novel lingual flap advancement technique and its validation via a split-mouth, comparative study using a cadaver model. A total of 12 fresh cadaver heads presenting bilateral posterior mandibular edentulism were selected. Sides were randomized to receive a classic lingual flap release technique (control) or the modified technique presented here, which involves the intentional preservation of the mylohyoid muscle attachment to the mandible. Vertical flap release was measured at three different zones using standard forces. The mean difference between the test and control group in zones I (retromolar pad area), II (middle area), and III (premolar area) was 8.273 ± 1.794 mm (standard error of the mean [SEM] = 0.5409 mm), 10.09 ± 2.948 mm (SEM = 0.8889 mm), and 10.273 ± 2.936 mm (SEM = 0.8851 mm), respectively, reaching very strong statistical significance (P < .0001) in all three zones.

Background: The partial edentulous posterior mandible is often a challenge area that requires a bone reconstructive surgery for implants placement.

Purpose: This RCT was aimed to evaluate complications rate and vertical bone gain after Guided Bone Regeneration (GBR) with dense non-resorbable d-PTFE titanium-reinforced membranes (Group A) versus titanium meshes covered by cross-linked collagen membranes (Group B).

Material and methods: 40 partially edentulous patients with atrophic posterior mandible, were randomly divided into two study group: 20 patients were treated with one stage GBR by means of non-resorbable d-PTFE titanium-reinforced membranes (Group A); and 20 patients, by means of titanium mesh covered by cross-linked collagen membranes (Group B). All complications were recorded, distinguishing between “surgical” and “healing” and between “minor” or “major.” Primary implants stability and vertical bone gain were also evaluated.

Results: In the group A, surgical and healing complication rates were 5.0% and 15.0%, respectively. In the group B, surgical and healing complication rates were 15.8% and 21.1%, respectively. No significant differences between two study group were observed regarding complications rate implant stability and vertical bone gain.

Conclusions: Both GBR approaches for the restoration of atrophic posterior mandible achieved similar results regarding complications, vertical bone gain and implant stability.


Guided bone regeneration has become more predictable due to advances in material sciences. Nevertheless, vertical ridge augmentation (VRA) remains a potential challenge due to the complexity of soft tissue management. This becomes more complicated in the posterior atrophic mandible due to limited access and poorer blood supply. As such, a number of critical elements must be taken into consideration in treatment planning. Anatomical structures potentially jeopardize intraoperative adverse events such as bleeding or neurosensorry disturbances. The attachment of the mylohyoid often compromises lingual flap advancement. This technical review summarizes the critical factors to be assessed prior to VRA for the posterior mandible and provides a sequenced approach to bone grafting and to attaining a tension-free flap for successful bone regeneration and long-term peri-implant tissue stability.


Objective: To evaluate the rate of graft resorption in autogenous iliac bone grafting (IBG) and guided bone regeneration (GBR) in patients with atrophic maxillae.

Material and methods: We performed a retrospective study involving patients requiring implant placement who underwent IBG or GBR. Volumetric changes of the graft sites were evaluated by imaging studies. The primary predictor and outcome variables were augmentation technique and rate of volumetric resorption, respectively. Secondary outcome variables included bone gain, success of grafting, insertion torque of implants, and requirement for vestibuloplasty.

Results: The sample comprised 39 patients (21 with GBR and 18 with IBG). One patient in the IBG group had temporary sensory disturbance at the donor site, and one patient in the GBR group had late exposure of the nonresorbable membrane. The average values of percent volume reduction in the GBR and IBG groups were 12.26% ± 2.35% and 35.94% ± 7.94%, respectively, after healing and 15.67% ± 1.99% and 41.62% ± 6.97%, respectively, at last follow-up. The IBG group exhibited a significantly higher reduction in bone volume than the GBR group at both time points (P = .001). The mean values of horizontal and vertical bone gain after healing in the IBG group were significantly higher than those in the GBR group (P = .006 and P = .001, respectively). The mean implant torque during implant placement in the GBR group was significantly higher than that in the IBG group (P = .024). There was no significant difference in the requirement for vestibuloplasty between the two groups (P > .05).

Conclusion: Although both hard tissue augmentation approaches provide an adequate volume of bone graft for implant insertion, IBG results in greater graft resorption at maxillary augmented sites than GBR. Clinicians should consider the differences in the extent of graft resorption between the two methods while choosing the treatment approach.
Reconstruction of alveolar bone atrophy by means of nonresorbable membrane is a well-known technique. Expanded polytetrafluoroethylene membrane (e-PTFE) classically required perfect soft tissue closure to prevent wound dehiscence. The consequence of membrane exposure ranges from a minor problem necessitating membrane removal to a major problem including treatment failure and implant loss. In the last few years, e-PTFE membrane has been discontinued from the dental market. An alternative to this barrier is the high-density polytetrafluoroethylene (d-PTFE) membrane. It is a nonresorbable device made of a high-density PTFE with submicron (0.3 μm) porosity size that has been originally tested in postextraction sockets without primary soft tissue closure. Thanks to its structure, the d-PTFE barrier seems to have more resistance to bacterial penetration, protecting the regenerating bone or implant. Some authors5,6 have claimed the possibility that this membrane may remain exposed to the oral cavity with reduced risk of possible complications, such as bacterial contamination, infection, and loss of the graft. This article describes the case of a d-PTFE membrane exposure and its management.


Severe vertical ridge deficiency in the anterior maxilla represents one of the most challenging scenarios in bone regeneration. Under ideal circumstances, guided bone regeneration in combination with soft tissue management has shown predictable esthetic and functional outcomes. Success largely relies on primary wound closure during and after the surgical procedure. Surgical sites present different challenges that need to be considered when designing the flap. The goal of this article is to propose a classification of flap designs that considers vestibular depth and scar formation around the periosteum when performing vertical ridge augmentation in the atrophic anterior maxilla. The four clinical conditions proposed under this classification are (1) shallow vestibule with healthy periosteum, (2) deep vestibule with healthy periosteum, (3) shallow vestibule with scarred periosteum, and (4) deep vestibule with scarred periosteum. The classification will allow clinicians to achieve tension-free closure and more predictable vertical bone gain.


An adequate flap release is necessary to perform a tension-free suture over an augmented area. This is a fundamental requisite to attain and maintain a reliable biological seal, protecting the graft from bacterial contamination during the healing period. In the posterior mandible, in particular, the use of conventional periosteal incisions is not always sufficient for a proper buccal...
ridged maintenance program. In addition to the maintenance pro-
implant-supported restorations and entered into a tightly sched-
befor placement of dental implants. All patients received fixed
bone defect in the anterior maxilla in need of horizontal and/or
measured. This retrospective study included patients with a
implant prosthesis stability can be achieved and sustained.
loss of vestibular depth and keratinized mucosa). By combin-
deficiencies in the anterior atrophied maxillae by using a mixture
of autologous and anorganic bovine bone. Soft tissue manipu-
ing soft and hard tissue grafts, optimum esthetic and long-term
implant prosthesis stability can be achieved and sustained.

Urban IA, Monje A, Wang HL. Vertical Ridge Augmentation
and Soft Tissue Reconstruction of the Anterior Atrophic

Severe vertical ridge deficiency in the anterior maxilla repre-
sents one of the most challenging clinical scenarios in the bone
regeneration arena. As such, a combination of vertical bone
augmentation using various biomaterials and soft tissue manipu-
ation is needed to obtain successful outcomes. The present
case series describes a novel approach to overcome vertical
deficiencies in the anterior atrophied maxillae by using a mixture
of autologous and anorganic bovine bone. Soft tissue manipula-
tion including, but not limited to, free soft tissue graft was used
to overcome the drawbacks of vertical bone augmentation (eg,
loss of vestibular depth and keratinized mucosa). By combin-
ing soft and hard tissue grafts, optimum esthetic and long-term
implant prosthesis stability can be achieved and sustained.

Urban I, Jovanovic SA, Buser D, Bornstein MM. Partial Lateralization of the Nasopalatine Nerve at the
Incisive Foramen For Ridge Augmentation in the Anterior
Maxilla Prior to Placement of Dental Implants: A Retrospec-
tive Case Series Evaluating Self-Reported Data and Neu-

The objective of this study was to assess implant therapy after a
staged guided bone regeneration procedure in the anterior max-
illa by lateralization of the nasopalatine nerve and vessel bundle.
Neurosensory function following augmentative procedures and
implant placement, assessed using a standardized questionnaire
and clinical examination, were the primary outcome variables
measured. This retrospective study included patients with a
bone defect in the anterior maxilla in need of horizontal and/or
vertical ridge augmentation prior to dental implant placement.
The surgical sites were allowed to heal for at least 6 months
before placement of dental implants. All patients received fixed
implant-supported restorations and entered into a tightly sched-
uled maintenance program. In addition to the maintenance pro-
gram, patients were recalled for a clinical examination and to fill
out a questionnaire to assess any changes in the neurosensory
function of the nasopalatine nerve at least 6 months after func-
tion. Twenty patients were included in the study from February
2001 to December 2010. They received a total of 51 implants
after augmentation of the alveolar crest and lateralization of the
nasopalatine nerve. The follow-up examination for questionnaire
and neurosensory assessment was scheduled after a mean
period of 4.18 years of function. None of the patients examined
reported any pain, they did not have less or an altered sensa-
tion, and they did not experience a “foreign body” feeling in
the area of surgery. Overall, 6 patients out of 20 (30%) showed
palatal sensibility alterations of the soft tissues in the region
of the maxillary canines and incisors resulting in a risk for a
neurosensory change of 0.45 mucosal teeth regions per patient
after ridge augmentation with lateralization of the nasopalatine
nerve. Regeneration of bone defects in the anterior maxilla by
horizontal and/or vertical ridge augmentation and lateralization
of the nasopalatine nerve prior to dental implant placement is
a predictable surgical technique. Whether or not there were
clinically measurable impairments of neurosensory function, the
patients did not report them or were not bothered by them.

Cucchi A, Ghensi P. Vertical Guided Bone Regeneration
using Titanium-reinforced d-PTFE Membrane and Prehy-
14;8:194-200.

Guided bone regeneration (GBR) standard protocols call for filling
the space underneath the membrane with autogenous bone or a
mixture composed of autogenous bone particles and allogeneic
bone tissue or heterologous biomaterials. This work describes the
case of a GBR performed to restore a vertical bone defect with
simultaneous placement of a dental implant in the posterior man-
dible that was carried out using a high density d-PTFE membrane
and cortico cancellous porcine-derived bone without the addition
of any autogenous bone. Bone regeneration was assessed by histo-
logical analysis of a biopsy sample collected from the grafted site
nine months after the surgery. Intraoral radiographs taken at follow-
up visits showed complete maintenance of the peri-implant bone
levels for up to two years after prosthesis delivery. The regener-
ated site successfully supported functional loading of the implant.
The present case report suggests that the use of a heterologous
bone substitute alone to restore a vertical defect in a GBR proce-
dure can be as effective as the standard protocol, while avoiding
the drawbacks associated with a second surgical site opening.
[Poster]

Background: Non resorbable membrane exposure has always been considered the main cause for guided bone regeneration (GBR) failure. Although the introduction of dense polytetrafluoroethylene (d-PTFE) membranes have significantly reduced the incidence of infection with respect to expanded PTFE membranes since the pore size does not allow bacteria penetration through their thickness; nevertheless, infection can occur when bacteria contaminate the grafting material passing underneath the edge of the membrane. Soft tissue dehiscence, and the consequent membrane exposure, can be caused by poor flap coronal mobilization and suture with tension, sharp edges of the membrane, sharp food impaction, compressing removable prostheses, or the cusp of an extruded opposing tooth as in the clinical case reported. Removal of the membrane as well as the graft, the implants, or the tenting screws inserted, is recommended to be done as soon as possible. Usually, the resulting clinical situation is worse than the starting one.

Aim: The aim of this report is to describe a protocol to treat the exposure of a d-PTFE membrane when infection has already occurred without removing all the graft particles and coronally mobilize the flaps for an unpredictable closure because of inflammation and epithelization of the flaps.

Materials & Methods: A staged approach GBR procedure was performed for the correction of a mandibular vertical ridge deficiency in the right premolar and molar region. Two tenting screws helped the titanium-reinforced d-PTFE membrane (Cytoplast Ti-250 PL, Osteogenics Biomedical, Lubbock, TX, USA) not to collapse over a graft composed by autogenous cortical bone, collected locally with a disposable bone collector (Safescraper, Meta, Reggio Emilia, Italy) mixed with a synthetic nano-crystalline hydroxyapatite (NanoBone, Artoss, Germany) in a 1:1 ratio. PTFE sutures were removed 2 weeks later, and after 2 more weeks the membrane exposure happened because of the cusp impaction of the opponent upper right second molar. The patient was instructed to clean the site gently and to rinse with 0.2 chlorhexidine every 8 hours. Nevertheless, the margins of the exposure were close to the distal edge of the membrane, and two days later the pus presence suggested the membrane removal that was performed a few days later. The membrane, the distal tenting screw, and part of the graft in the distal area with clear signs of infection were removed. The remaining graft was washed with chlorhexidine and covered by a cross-linked collagen membrane (Cytoplast RTM 2030, Osteogenics Biomedical) and stabilized with titanium tacks. A collagen fleece (Medicipio C, Medichema Germany) filled the gap of the mucosal dehiscence. No attempt of coronal flap advancement was done, but sutures stabilized the collagen fleece that guided the mucosal repair.

Results: Healing was uneventful. Eight and a half months after d-PTFE membrane removal the site was re-opened. The bulk of regenerated bone, as shown by the post-operative computed tomography allowed the insertion of 3 Laser-Lok Tapered implants (BioHorizons, Birmingham, AL, USA) in the region of the second premolar and the first and second molar. A biopsy of the regenerated area was harvested during implant site preparation of the first molar. Histologic examination revealed new bone formation, almost totally lamellar mature bone, in direct contact with the graft remnants. No sign of inflammation was observed. The patient received a free gingival graft for keratinized tissue band augmentation before she was restored with fixed crowns. Upper molar intrusion allowed normal dimension of the restorations.

Conclusions & Clinical Application: D-PTFE membrane substitution, with a collagen membrane and a collagen fleece, allowed an almost complete vertical bone regeneration and mucosal repair without any coronal flap advancement. The little bone volume removed in the distal area did not jeopardize implant insertion. The staged approach helped the clinical management and has to be suggested: simultaneous approach with implant insertion during GBR would have led to the implant surface contamination and the removal of the implant, a bigger bone volume loss, and a difficult soft tissue management.

[Poster]

Background: Tooth loss leads to the atrophy of both the hard and soft tissues of the jaws. Guided bone regeneration (GBR) is an effective technique that can reconstruct hard tissues of the vertical bony defects with PTFE membranes. Nevertheless, since coronal flap mobilization is an indispensable requirement for covering the augmented site, it reduces the thin band of keratinized tissue. Based on current evidence, a lack of adequate keratinized mucosa around implants is associated with more plaque accumulation, tissue inflammation, mucosal recession,
and loss of attachment. Simultaneous implant insertion seems to reduce the number of interventions and the overall treatment time. In reality, the implant reduces bone surface and its marrow space as a source of osteogenic cells, slowing down bone maturation and extending healing time to 9-12 months, while the mucoperiosteal full-thickness flap raised at reentry does not allow a vascular supply to a gingival graft in order to augment the keratinized tissue.

Aim: The aim of this report is to describe how a staged approach can reach predictable bone and soft tissue reconstruction without extending the overall treatment time in comparison with simultaneous application of implants and membranes. The staged approach provides a larger bone surface to contribute to new bone formation that is activated twice by the local release of growth factors (1st during membrane surgery, 2nd during implant placement) and a better bone apposition to the titanium surface.

Materials & Methods: A staged approach GBR procedure was performed for the correction of a mandibular vertical ridge deficiency in the right premolar and molar region. Two tenting screws helped the titanium reinforced dense-PTFE membrane (Cytoplast Ti-250 PL. Osteogenics Biomedical, Lubbock, TX, USA) not to collapse over a graft composed by autogenous cortical bone, collected locally with a disposable bone collector (Safescraper, Meta, Reggio Emilia, Italy), and mixed with an allograft composed by 70% mineralized bone and 30% de-mineralized bone (EnCore, Osteogenics Biomedical) in a 1:1 ratio. After a 5 month healing time, the site was re-opened for membrane removal and implant insertion. The bulk of vertically regenerated bone (4-6 mm), as shown by the post-operative CBCT, allowed for a vascular supply to a gingival graft in order to augment the keratinized tissue. Mean defect fill after 6 months was 5.49 mm (SD ± 1.78) at test sites and 4.91 mm (SD ± 1.78) at control sites. The healing period was uneventful in all sites, and the vertical defects were satisfactorily filled with a newly formed hard tissue.

Conclusion: Based on the data from this study, both d-PTFE membranes show any statistically significant difference between test and control groups (P = NS).


Objective: This prospective randomized controlled trial was designed to test the performance of titanium-reinforced dense polytetrafluoroethylene (d-PTFE) membrane vs. titanium-reinforced expanded polytetrafluoroethylene (e-PTFE) membrane in achieving vertical bone regeneration, both associated with a composite grafting material.

Material and methods: The study enrolled 23 patients requiring bone augmentation with guided bone regeneration (GBR) procedures for placing implants in atrophic posterior mandibles (available bone height <7 mm). Implants were inserted and left to protrude from the bone level to achieve the programmed amount of vertical regeneration. Defects were filled with a composite bone graft (50% autologous bone and 50% mineralized bone allograft) and randomly covered with either an e-PTFE membrane (control) or a d-PTFE membrane (test). Membrane removal was performed after 6 months, and changes in bone height were recorded.

Results: Seventy-eight implants were inserted in 26 mandibular sites contextually to vertical ridge augmentation procedures. The healing period was uneventful in all sites, and the vertical defects were satisfactorily filled with a newly formed hard tissue. Mean defect fill after 6 months was 5.49 mm (SD ± 1.58) at test sites and 4.91 mm (SD ± 1.78) at control sites. The normalized data (percentage changes against baseline) did not show any statistically significant difference between test and control groups (P = NS).

Conclusion: Based on the data from this study, both d-PTFE
Materials and methods: The degree of defect correction, the regeneration (h-GBR, v-GBR) or edentulous ridge expansion augmentations performed via horizontal- or vertical-guided bone membrane can be considered successful.

Objective: This study reviews the clinical outcomes of ridge deficiencies. A retrospective case series. Implant Dent. 2012 Jun;21(3):175-185.


Materials and methods: A mixture of ABBM and autogenous particulated bone was used for vertical ridge augmentation and covered with a new titanium-reinforced nonresorbable membrane. Ridge measurements were obtained before and after the procedure, complications were recorded, and biopsy specimens were taken for histologic examination.

Results: Twenty vertical ridge augmentation procedures were carried out in 19 patients. All treated defect sites exhibited excellent bone formation, with an average bone gain of 5.45 mm (standard deviation 1.93 mm). The healing period was uneventful, and no complications were observed. Eight specimens were examined histologically; on average, autogenous or regenerated bone represented 36.6% of the specimens, ABBM 16.6%, and marrow space 46.8%. No inflammatory responses or foreign-body reactions were noted in the specimens.

Conclusion: The treatment of vertically deficient alveolar ridges with guided bone regeneration using a mixture of autogenous bone and ABBM and a new titanium-reinforced nonresorbable membrane can be considered successful.


Objective: This study reviews the clinical outcomes of ridge augmentations performed via horizontal- or vertical-guided bone regeneration (h-GBR, v-GBR) or edentulous ridge expansion. Materials and methods: The degree of defect correction, the marginal bone level, and the horizontal stability of the augmented bone (five patients) were examined with a new proposed rigid resin survey template.

Results: Thirty ridge defects ranging from 1 to 8 mm were corrected, and 56 implants were positioned. The percentages of alveolar defect correction were 91.85% ± 22.30%, 97.13% ± 4.48%, and 90.42% ± 11.93% for h-GBR, edentulous ridge expansion, and v-GBR, respectively; a limited amount of marginal bone level was reported for all three groups, while a large amount of horizontal bone resorption was detected.

Conclusion: All surgical techniques considered in this study are predictable procedures, and the proposed survey template measurement system showed to be a reliable method of evaluating horizontal bone stability of the augmented ridges.


Objectives: To analyze the clinical outcome of guided bone regeneration (GBR) with a newly developed dense-polytetrafluoroethylene (d-PTFE) membrane.

Materials and methods: Twenty consecutive GBR procedures were performed in 18 consenting patients, 8 males and 10 females, mean age 49.5 years (range 21-75), from January 2010 to October 2011, utilizing a d-PTFE membrane (Cytoplast) with or without titanium reinforcement, and a graft of particulated autogenous bone or deproteinized bovine bone mineral (Bio-Oss) or nanocrystalline hydroxyapatite embedded in a silica gel matrix (Nanobone) alone or mixed together. Twenty implants (10 Camlog, 9 Straumann, 1 Alpha-Bio) were placed at the time of GBR in 16 procedures. A staged approach, with 6 implant placements (5 Camlog, 1 Straumann) at the time of membrane removal, was performed in 4 procedures.

Results: All GBR procedures except one healed uneventfully. Only one late exposure of the membrane happened in a single simultaneous implant placement procedure after 11 weeks. The membrane was removed one week after the exposure, and no sign of inflammation or infection was observed beneath the membrane within the regenerated bone. The other 19 membranes were removed after a 29.7 week healing period (range 19-44). All 26 implants were osseointegrated and completely surrounded by regenerated bone. Graft material did not affect the clinical outcome, while the limited number of treated cases did not allow statistical analysis within the groups.
Conclusions: This preliminary report of an ongoing study indicates that d-PTFE membranes may be used with high predictability (95% procedure success, 100% implant survival and success) in GBR procedures. The one late exposure did not cause wound infection.

Using Tenting Screws


This randomized prospective study evaluated the clinical benefits of using a corticocancellous mixture of freeze-dried bone allograft alone or in combination (1:1) with particulated autogenous bone for horizontal ridge augmentation and subsequent implant placement. Twenty-four patients with atrophic ridges received lateral ridge augmentations with particulate grafts placed around tenting screws and covered with a fixed acellular dermal matrix membrane. Thirty-three standard-diameter implants were successfully placed in 21 patients after a 24-week graft healing period. Three patients experienced early postoperative infections following the grafting procedure (12.5% of sites). At reentry, the allograft alone group showed similar average horizontal ridge width gains (3.33 ± 0.83 mm) to the combination group (3.09 ± 0.63 mm; P = .44). The mean graft resorption between baseline and reentry averaged 13.89%.